

Bureau of Justice Assistance (BJA)

Comprehensive Opioid, Stimulant, and Substance Abuse Program (COSSAP)

Substance Use Disorders and Treatment Among Jail Populations

Resources for Corrections Personnel

In November 2019, the Bureau of Justice Assistance convened a Jail Practitioner Roundtable on Opioid-Related Training Needs to gather input from jail practitioners and stakeholders on training products and resources for managing the well-being of inmates with opioid use disorder (OUD) or substance use disorders (SUDs).

Of the many topics discussed, participants specifically identified a significant need among corrections officers and other staff members for:

- ◀ [Foundational training on SUDs/OUD](#)
- ◀ [Education on withdrawal management in custody and medication-assisted treatment \(MAT\)](#)
- ◀ [Information on the unique services and linkages that people with SUDs/OUD need as they reenter the community](#)

In response, [Advocates for Human Potential, Inc.](#)—a COSSAP national training and technical assistance provider—compiled the following resource list for distribution to COSSAP grantees and other stakeholders through the COSSAP Resource Center website, email lists, professional associations, and other distribution lists. Unless otherwise indicated, all resources listed are available free of charge electronically.

Foundational Training on SUDs/OUD

Videos and Other Online Learning

- **What Is Addiction?**
Date: 2019
Producer: Addiction Policy Forum
Resource Type: Video (3:59)
Hyperlink: <https://youtu.be/2s727i3uEjY>
Description: This video describes the origins of understanding addiction as a disease, parts of the brain affected by substance use, the role of dopamine in survival, and risk and protective factors associated with addiction.
- **The Science of Opioid Addiction and Treatment**
Date: 2018
Producer: WGBH Educational Foundation
Resource Type: Video (3:07)
Hyperlink: <https://www.pbs.org/wgbh/nova/video/the-science-of-opioid-addiction-and-treatment/>
Description: This video explores how opioids mimic the body's natural pain relievers, how the body responds when the provision of opioids is stopped, and how medication options can intervene.

- **Understanding Addiction: An Overview for Corrections Professionals**

Producer: American Jail Association through the Corrections Online Training Collaborative

Resource Type: Online learning (2:00:00)

Hyperlink: <https://aja.academy.reliaslearning.com/Understanding-Addiction-An-Overview-for-Corrections-Professionals--REL-PS-0-UAOCP.aspx>

Description: This online course provides information on addiction and common treatment approaches to enhance understanding of factors that may affect supervision and management of individuals with addiction issues. (Fee required.)

- **Changing Language to Change Care: Stigma and Substance Use Disorder**

Producer: Providers Clinical Support System

Resource Type: Online learning (45:00)

Hyperlink: https://learning.pcassnow.org/p/ChangingLanguage#tab-product_tab_overview

Description: This online course describes the importance of language in discussing substance use and reviews ways to revise language to improve care.

Foundational Training on SUDs/ODU

Print Resources

- **Drug Facts: Criminal Justice**

Date: 2020

Publisher: National Institute on Drug Abuse

Resource Type: Brief

Hyperlink: <https://www.drugabuse.gov/sites/default/files/drugfacts-criminal-justice.pdf>

Description: This brief discusses challenges associated with addressing SUDs among inmates, the critical nature of treatment, and costs associated with treatment.

- **The ASAM National Practice Guideline for the Treatment of Opioid Use Disorder – 2020 Focused Update**

Date: 2020

Publisher: American Society of Addiction Medicine

Resource Type: Guide/Guidelines

Hyperlink: https://www.asam.org/docs/default-source/quality-science/npg-jam-supplement.pdf?sfvrsn=a00a52c2_2

Description: This document updates information on evidence-based practices to improve outcomes for individuals with OUD and features a section on treatment of individuals in the criminal justice system.

- **Joint Public Correctional Policy on the Treatment of Opioid Use Disorders for Justice Involved Individuals**

Date: 2018

Publishers: American Correctional Association, American Society of Addiction Medicine

Resource Type: Position Statement

Hyperlink: https://www.asam.org/docs/default-source/public-policy-statements/2018-joint-public-correctional-policy-on-the-treatment-of-opioid-use-disorders-for-justice-involved-individuals.pdf?sfvrsn=26de41c2_2

Description: The American Correctional Association and the American Society of Addiction Medicine present recommendations for providing evidence-based care to those in custody who have OUD.

- **Substance Use Disorder Treatment for Adults and Adolescents**

Date: 2016

Publisher: National Commission on Correctional Health Care

Resource Type: Position Statement

Hyperlink: <https://www.ncchc.org/filebin/Positions/Substance-Use-Disorder-Treatment-2016.pdf>

Description: This position statement reflects national guidelines for treatment of OUD and is intended to ensure that people with SUDs in custody receive evidence-based care in accordance with national medical standards.

Withdrawal Management in Custody and MAT

Videos and Other Online Learning

- **Diverting Defendants to Treatment: Model Pretrial Jail Programming for Withdrawal Management and Opioid Medication Assisted Treatment**

Date: 2019

Producer: Advocates for Human Potential, Inc.

Resource Type: Video (30:55)

Hyperlink: <https://youtu.be/vb4GC4NyccI>

Description: This video features innovative pretrial programs in the Essex County Sheriff's Department in Massachusetts and the Louisville Metro Department of Corrections in Kentucky that not only introduce MAT to detainees to promote community sentences designed to prevent recidivism, but also address detoxification.

- **Implementing Medication Assisted Treatment in Corrections**

Date: 2019

Producer: Brown University School of Public Health

Resource Type: Video (7:54)

Hyperlink: <https://vimeo.com/user98321519>

Description: The Rhode Island Department of Corrections' MAT Expansion program is described in a full-length video, the content of which is also available in shorter chapter videos.

- Full Video (1:16:38) at <https://vimeo.com/335954242>
- Extended Security (15:31) at <https://vimeo.com/351043984>
- Advice to Other Facilities Starting or Expanding (7:03) at <https://vimeo.com/335954869>
- Getting Buy In/Training (12:25) at <https://vimeo.com/335954007>
- Vendor Information/Screening/Connecting to Community (18:09) at <https://vimeo.com/335953846>
- Security (6:17) at <https://vimeo.com/335939409>
- Why MAT/Setting Up the Program (5:12) at <https://vimeo.com/335938608>

- Program Background (6:49) at <https://vimeo.com/335938378>
- Evaluation and Program Results (18:58) at <https://vimeo.com/335937689>
- The Medline—Administering Methadone (2:51) at <https://vimeo.com/335937607>

- **Recognizing and Responding to Intoxication and Withdrawal in Corrections**

Producer: American Jail Association through the Corrections Online Training Collaborative

Resource Type: Online learning (1:00:00)

Hyperlink: <https://aja.academy.reliaslearning.com/Recognizing-and-Responding-to-Intoxication-and-Withdrawal-in-Corrections--REL-PS-0-IWCO.aspx>

Description: This course provides staff members working in adult and juvenile custodial facilities with an overview of common intoxication and withdrawal symptoms associated with various drug types; explores negative outcomes that can occur when intoxication and withdrawal symptoms are left unchecked; and presents general guidelines for responding to juveniles and adults experiencing intoxication or withdrawal. (Fee required.)

- **Medication Administration in Corrections—Part 1**

Producer: American Jail Association through the Corrections Online Training Collaborative

Resource Type: Online learning (2:45:00)

Hyperlink: <https://aja.academy.reliaslearning.com/Medication-Administration-in-Corrections-Part-1--EL-MAC1-CORR-0.aspx>

Description: The first of a two-part series designed for correctional staff members who administer medication describes the roles of physician, consultant pharmacist, licensed nurse, and correctional staff members in a medication treatment program; principles of safety and security measures in a correctional setting; and special issues and procedures in medication administration. (Fee required.)

- **Medication Administration in Corrections—Part 2**
Producer: American Jail Association through the Corrections Online Training Collaborative
Resource Type: Online learning (2:00:00)
Hyperlink: <https://aja.academy.reliaslearning.com/Medication-Administration-in-Corrections-Part-2--EL-MAC2-CORR-0.aspx>
Description: Advanced practice health-care professionals will obtain more detailed information about the common steps and rationale used to administer oral, sublingual, and buccal medications, as well as special medication procedures. (Fee required.)

Withdrawal Management in Custody and MAT

Print Resources

- **Safe Withdrawal in Jail Settings**
Date: 2018
Publishers: Center for Health and Justice at TASC (Treatment Alternatives for Safe Communities)
Resource Type: Brief
Hyperlink: https://www.centerforhealthandjustice.org/chjweb/tertiary_page.aspx?id=112&title=Safe-Withdrawal
Description: The need for withdrawal management procedures and services in jail settings is discussed in this brief for jail administrators and policymakers who work on issues related to public safety, public health, and behavioral health.
- **Meeting the Needs of Individuals with Substance Use Disorders: Strategies for Jails**
Date: 2019
Publisher: National Association of Counties
Resource Type: Brief
Hyperlink: <https://www.naco.org/sites/default/files/documents/Strategies-for-Jails.pdf>
Description: This brief discusses strategies for identifying individuals with SUDs in jail, training jail staff, and creating an in-custody environment that facilitates rehabilitation and effectively connects people who have been released from incarceration to treatment upon release.
- **Resource Type:** Webinar Recording
Hyperlink: <https://www.naco.org/events/meeting-needs-individuals-substance-use-disorders-strategies-jails>
Description: One of a three-part series on substance abuse interventions for people who have been incarcerated, this webinar highlights strategies for effectively treating individuals with SUDs in jail, including the use of substance abuse screenings, MAT, and population review teams.
- **Detoxification of Chemically Dependent Inmates**
Date: revised 2018
Publisher: Federal Bureau of Prisons
Resource Type: Guide/Guidelines
Hyperlink: <https://www.bop.gov/resources/pdfs/detoxification.pdf>
Description: These clinical guidelines describe recommended standards for the medical management of withdrawal from addictive substances for federal inmates.
- **Jail-Based Medication-Assisted Treatment: Promising Practices, Guidelines, and Resources for the Field**
Date: 2018
Publishers: National Sheriffs' Association, National Commission on Correctional Health Care
Resource Type: Guide/Guidelines
Hyperlink: <https://www.sheriffs.org/publications/Jail-Based-MAT-PPG.pdf>
Description: These guidelines describe general tenets and best practices for developing, implementing, and sustaining a jail-based MAT program, as well as tools, treatment programs, references, and supporting documentation related to MAT.

- **Screening and Assessment of Co-Occurring Disorders in the Justice System**
Date: 2019
Publisher: Substance Abuse and Mental Health Services Administration
Resource Type: Guide/Guidelines
Hyperlink: <https://store.samhsa.gov/product/Screening-and-Assessment-of-Co-Occurring-Disorders-in-the-Justice-System/PEP19-SCREEN-CODJS>
Description: This report provides evidence-based practices for screening and assessment of adults in the justice system with mental illness, SUDs, or co-occurring disorders, as well as detailed descriptions of recommended instruments.
- **Use of Medication-Assisted Treatment for Opioid Use Disorder in Criminal Justice Settings**
Date: 2019
Publisher: Substance Abuse and Mental Health Services Administration
Resource Type: Guide/Guidelines
Hyperlink: <https://store.samhsa.gov/product/Use-of-Medication-Assisted-Treatment-for-Opioid-Use-Disorder-in-Criminal-Justice-Settings/PEP19-MATUSECJS>
Description: These guidelines describe policies and practices for intervening during an individual's correctional sentence and upon release to mitigate risk of overdose for persons with OUD.
- **MAT Inside Correctional Facilities: Addressing Medication Diversion**
Date: 2019
Publisher: Substance Abuse and Mental Health Services Administration
Resource Type: Guide/Guidelines
Hyperlink: <https://store.samhsa.gov/product/mat-inside-correctional-facilities-addressing-medication-diversion/PEP19-MAT-CORRECTIONS>
Description: This action brief provides criminal justice stakeholders, correctional facility leadership, and correctional staff members with helpful strategies and techniques to reduce diversion of MAT medications.
- **Treatment Improvement Protocol (TIP) 63: Medications for Opioid Use Disorder**
Date: updated 2020
Publisher: Substance Abuse and Mental Health Services Administration
Resource Type: Guide/Guidelines
Hyperlink: <https://store.samhsa.gov/product/TIP-63-Medications-for-Opioid-Use-Disorder-Full-Document/PEP20-02-01-006>
Description: This TIP reviews three U.S. Food and Drug Administration-approved medications for OUD treatment—methadone, naltrexone, and buprenorphine—and other strategies and services needed to support people in recovery.
- **A Primer for Implementation of Overdose Education and Naloxone Distribution in Jails and Prisons**
Date: 2019
Publisher: RTI International
Resource Type: Guide/Guidelines
Hyperlink: https://harmreduction.org/wp-content/uploads/2019/09/Naloxone-Prison-Primer_v2.pdf
Description: This primer is designed to promote and support implementation of overdose education and naloxone distribution programs in jails and prisons to help prevent opioid-related overdose deaths among people who have contact with jails and prisons.
- **Naloxone in Correctional Facilities for the Prevention of Opioid Overdose Deaths**
Date: 2015
Publisher: National Commission on Correctional Health Care
Resource Type: Position Statement
Hyperlink: <https://www.ncchc.org/filebin/Positions/Naloxone-for-the-Prevention-of-Opioid-Overdose-Deaths.pdf>
Description: The National Commission on Correctional Health Care supports increased access to and use of naloxone in correctional facilities, as described in this position statement.

- **Medication-Assisted Treatment for Opioid Use Disorder in Jails and Prisons: A Planning and Implementation Toolkit**
Date: 2020
Publishers: National Council for Behavioral Health, Vital Strategies
Resource Type: Toolkit
Hyperlink: https://www.thenationalcouncil.org/wp-content/uploads/2020/01/MAT_in_Jails_Prisons_Toolkit_Final_2020-01-30.pdf
Description: Each of the seven components in this toolkit provides actionable steps, implementation questions, real-world examples, checklists, tools, and resources for correctional administrators and health-care providers seeking to plan and implement MAT programs within jails and prisons.

Reentry

Print Resources

- **Residential Substance Abuse Treatment (RSAT) Training Tool: Transitional Strategies to Reduce Recidivism and Sustain Recovery**
Date: 2019
Publisher: Advocates for Human Potential, Inc.
Resource Type: Training Tool
Hyperlink: http://www.rsat-tta.com/Photos/Final-Re-entering-RSAT-Clients_9-27-19
Description: This document provides tools and information to assist with pre-release planning for RSAT clients, including continuing care for individuals with SUDs and linkages to community-based transitional and recovery supports that pave the way for reentry success.
- **Preparing People for Reentry: Checklist for Correctional Facilities**
Date: 2020
Publisher: The Council of State Governments Justice Center
Resource Type: Checklist
Hyperlink: <https://csgjusticecenter.org/publications/preparing-people-for-reentry/>
Description: Jails and prisons may find this checklist useful for guiding reentry planning and helping to ensure the safety of employees and people who are returning to their communities.

- **Meeting the Needs of Individuals with Substance Use Disorders: Strategies for Reentry from Jail**
Date: 2019
Publisher: National Association of Counties
Resource Type: Brief
Hyperlink: <https://www.naco.org/sites/default/files/documents/Strategies-for-Reentry.pdf>
Description: This brief discusses strategies for connecting people with SUDs to community-based treatment and services in preparation for and after being released from jail to help them transition back to their communities and sustain their recovery.

Resource Type: Webinar Recording

Hyperlink: <https://www.naco.org/events/meeting-needs-individuals-substance-use-disorders-strategies-reentry-jail>

Description: One of a three-part series, the webinar highlights strategies for helping individuals successfully return to their communities, including how to develop a community-based treatment infrastructure and create a comprehensive reentry treatment plan.

- **After Incarceration: A Guide to Helping Women Reenter the Community**
Date: 2020
Publisher: Substance Abuse and Mental Health Services Administration
Resource Type: Guide/Guidelines
Hyperlink: https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/PEP20-05-01-001_508.pdf
Description: This guide provides an overview of promising practices that corrections and community-based service providers should consider in supporting women's transitions from correctional facilities to the community.

- Guidelines for Successful Transition of People with Mental or Substance Use Disorders from Jail and Prison: Implementation Guide

Date: 2017

Publisher: Substance Abuse and Mental Health Services Administration

Resource Type: Guide/Guidelines

Hyperlink: <https://store.samhsa.gov/product/Guidelines-for-Successful-Transition-of-People-with-Mental-or-Substance-Use-Disorders-from-Jail-and-Prison-Implementation-Guide/SMA16-4998>

Description: These guidelines discuss the prevalence of mental illness and SUDs in correctional settings and successful strategies for transitioning people with mental illness or SUDs from correctional settings to the community.

Visit the COSSAP Resource Center at www.cossapresources.org.

About BJA

The Bureau of Justice Assistance (BJA) provides leadership and services in grant administration and criminal justice policy development to support local, state, and tribal law enforcement in achieving safer communities. To learn more about BJA, visit www.bja.gov and follow us on Facebook (www.facebook.com/DOJBJA) and Twitter (@DOJBJA). BJA is part of the U.S. Department of Justice's Office of Justice Programs.

This project is supported by Grant No. 2017-AR-BX-K003 awarded by the Bureau of Justice Assistance (BJA). BJA is a component of the Office of Justice Programs, U.S. Department of Justice. The contents of this document were developed by Advocates for Human Potential, Inc. and do not represent the official position or policies of the U.S. Department of Justice.