

**Albany County Corrections and Rehabilitative Services Center MAT Clinical Engagement Requirements**

Therapeutic engagement is a vital component of effective substance abuse treatment. The Medical and CASAC staff members at ACCF believe wholeheartedly in the benefits of group, individual, and peer services in reducing isolation and increasing pro-social coping skills, a sense of inclusion, and healthy expression of thought and feeling.

After much discussion and review of inmate requests for increased therapeutic services for MAT participants, we have decided to offer both individual and group counseling to all MAT participants. We will require a commitment to a minimum of participation in one group and one individual session, each to be conducted biweekly.

By signing below, I acknowledge and understand that my participation in the MAT program includes my active engagement in clinical and therapeutic services. I agree to attend one individual session bi-weekly and one educational or therapeutic group bi-weekly, which will be held every other \_\_\_\_\_ morning at \_\_\_\_am. All groups and individual sessions will be facilitated by trained, professional, substance abuse counselors.

I understand that when I am called for a required clinical service, either an individual or a group, that it is my responsibility to attend. Should I refuse to attend a required session, it will be documented and addressed clinically. A warning will be issued each time a required session is refused, and after three warnings, the MAT team will discuss termination of services due to non-compliance. Excused absence due to court appearance, attorney consult, mental health or medical service, will be allowed.

I understand that the quality of my treatment experience will be largely dependent upon what I contribute to the process itself, and I acknowledge, by signing this form, a commitment to myself and to the therapeutic process of recovery.

\_\_\_\_\_  
Inmate Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
CASAC Staff Signature

\_\_\_\_\_  
Date