



RURAL LEARNING COMMUNITY:

Cross-Systems Partnerships to Address Substance Use Disorders in Rural Communities

March 14, 2023

Agenda

- Welcome and Introductions - IIR
- COSSAP Overview - BJA
- Rural Resources Overview - BJA
- Cross-Systems Partnerships Examples
 - Grays Harbor, Washington
 - Reno County, Kansas
- Question and Answer
- Adjourn

Bureau of Justice Assistance's Comprehensive Opioid, Stimulant, and Substance Abuse Program (COSSAP) Resource Center

BUREAU OF JUSTICE ASSISTANCE'S
COMPREHENSIVE OPIOID, STIMULANT, AND SUBSTANCE ABUSE PROGRAM
RESOURCE CENTER

Supporting effective local, state, and tribal responses to illicit substance use and misuse in order to reduce overdose deaths, promote public safety, and support access to treatment and recovery services in the criminal justice system.

- Site-Based Grants
- Jail Resource Center
- COSSAP Demonstration Projects
- Training and Technical Assistance

Reaching Rural: Advancing
Collaborative Solutions

EFFECTIVE COMMUNITY-LEVEL PREVENTION

VISIT REACHING RURAL

FEATURED CHAMPIONS OF RECOVERY

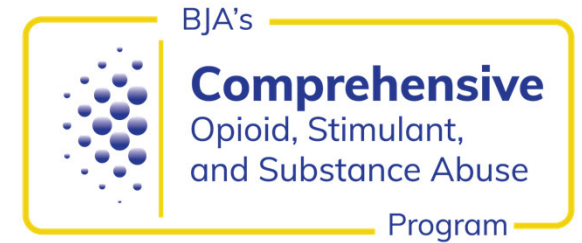
www.cossapresources.org

COSSAP Resources

Tailored Assistance—The COSSAP training and technical assistance (TTA) program offers a variety of learning opportunities and assistance to support local, tribal, and state organizations, stakeholders, and projects in building and sustaining multidisciplinary responses to the nation’s substance abuse crisis. ***You do not need to be a COSSAP grantee to request support.*** TTAs are provided in a variety of formats, including virtual and in-person training events, workshop and meeting presentations, and online resources. Request TTA to support your activities at <https://cossapresources.org/Program/TTA/Request>.

Funding Opportunities—Current COSSAP and complementary funding opportunities are shared at <https://www.cossapresources.org/Program/Applying>.

Join the COSSAP community! Send a note to COSSAP@iir.com with the subject line “Add Me” and include your contact information. We’ll be happy to ensure you receive the latest-and-greatest COSSAP opportunities, resources, and updates.



Grays Harbor County, Washington

Jail Based System of Care

Inception, implementation, evolution, and the “S” word

Inception

- Awarded “Rural Responses to the Opioid Epidemic” funding in 2019
 - #1 priority identified by executive leadership team was addressing opioid use disorder in county Jail
 - Previous failed attempts with public health and jail partnerships to address behavioral health
 - Polarizing community climate around substance use disorder (and harm reduction strategies used by public health)






University of Washington to the rescue!

- Researching Community Based Process
- Interested in analyzing process related to opioids
- Guarded local history of public health vs. public safety...what exactly are we funding, what are the outcomes, how do we measure
- Two outside facilitators from the Public Health Institute leading the process
 - Using the Theory U change management method
- Design team (Jail Operations Chief and myself)
- Task force – 9 individuals: jail nursing supervisor; deputy from Therapeutic Court; county probation officer; social service manager from largest area provider; 1st drug court graduate; RROE executive team member with lived experience; PH program manager; jail operations chief; and myself

Go
slow to
go fast

Implementation

- Process, Process, and More Process (takes longer than (*I think*) it should!)
 - Hired SUDP as a part of the medical team
 - Contracted with social service agency for re-entry coordination using certified peers
 - Increased nursing hours to accommodate dosing
 - first person dosed in “System of Care” (SOC) March of 2021 
 - 62 individuals induced between March and September of 2021
 - Re-entry team was helping with stable housing and social services needs, maintaining a high rate of engagement upon release
 - Processes were being refined
 - ...Then the came the implosion!

Evolution

- System of care 2.0
 - New medical director hired in November 2021
 - Rapid cycle improvement phase
 - (re)Establishing trust
 - Right-sizing capacity/expectations
 - Subcontract SUD services (assessments and therapeutic programming) began in March of 2022
 - Program again running smoothly
 - ...except wait! Time to do construction in the jail...another pivot 😊



Lessons Learned

- Every program will look different
- You can't plan for every contingency
- Stigma will always be something you have to overcome
- Hiring vs. contracting – really think about your capacity
- The value of taking the time to meet (don't assume it's just one more meeting that could have been an e-mail)
- Relationships and trust take time
- Integrity is key



The “S” word (\$ustainability)

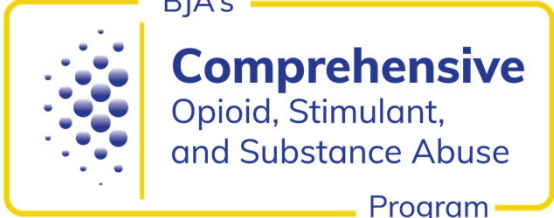
- Because of our success in the county jail, we have received additional funding from our state’s Health Care Authority to support ongoing activities not only in the county jail but also to expand services to our two municipal jails
- We received a COSSAP site-based award in October 2021
- We have partnered with the Therapeutic Court Program to use some of the dedicated criminal justice treatment funding (local and state tax) to support SUD assessments and programming inside the jail

We couldn't do it alone...



Wilma Weber
Community Health Specialist
Grays Harbor Public Health

wweber@graysharbor.us
(360)500-4069



Reno County, Kansas

QUESTIONS?



THANK YOU!